

# Prickly Pear Holistic Veterinary Care

acupuncture • chiropractic • herbal medicine • reiki



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## *Slippery Elm Sludge*

1 tsp slippery elm bark powder (3-400 mg capsules)

¼ cup aloe vera juice

20 drops chlorophyll

3 capsules Gr8-dophilus (NOW brand or other capsulated probiotic)

Add ¼ cup boiling water to 1 tsp slippery elm bark powder. Stir and let cool. Once cool, add ¼ cup aloe vera juice, 20 drops chlorophyll and 3 capsules acidophilus (open capsules and empty powder into mixture).

Mixture can be stored in fridge for up to 3 days and recipe can be multiplied.

For GI Health: Give by mouth 2 times daily, ½ hour before meals.

For diarrhea: Give by mouth 4 times daily, ½ hour before meals. Decrease frequency as diarrhea resolves.

### Dosages

Cats: 2-3 ml

Small dogs: 3-5 ml

Medium dogs: 8-10 ml

Large dogs: 10-12 ml

Extra large dogs: 15 ml

~Recipe courtesy of Cindy Wallis, DVM~