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THE ORIGINAL  
***Master's Flower Essences™***  
Remedies for Inner Well-Being

**Questionnaire  
for Pets & Animals**

How to assess your pet's flower essence needs (Plot Essences)  
and basic personality strengths (Theme Essences)



An educational tool for you as a caring pet owner, this questionnaire can help broaden your perspective and invite you into the world of the animals you love. Because animals live in their feelings and instincts, they are highly receptive to flower essences — herbal tinctures for strength and balance.

Based on ***Flower Essences for Animals:  
Remedies for Helping the Pets You Love***  
by Lila Devi

## *Flower Essence Questionnaire for Your Pet's Needs (Plot Essence)*

Many people find that an evaluation of this nature is a helpful tool in assessing the flower essence needs of their animal friends, while others may want a professional consultation. Some of the questions are species-specific, such as litter box problems; others are more general, as with loneliness. The emotional state of fear, for example, is the same for a horse as for a hamster, so species or breed specifics are often irrelevant. In addition to the questions below, it is important to consider other factors, such as: natural instincts; the influence of other pets, adults, and children in the household/property; owner-created problems; appropriate training; diet, exercise, and various health-related factors; and most importantly, the presence of a loving, committed caregiver. Lastly, always rule out medical causes with veterinary care.

Answer the following questions fairly quickly; your "first hunch" will generally be the most accurate. Place a checkmark by those statements to which you respond with yes; leave blank those statements you feel do not apply to your pet or are not a particular area of concern at this time. Also check yes if any part of the question applies. An Answer Key will be found at the end of the questionnaire.

Also, please note that flower essences will not control or manipulate your pet's behavior. If you want her to be more graceful, for example, a flower essence program will bring forth this quality only if it is in her nature so be so. Nor do flower essences directly treat physical symptoms; thus the following questionnaire addresses the animal's emotional needs.

You may wish to date and save your responses and re-test your pet at a later time; monthly intervals are recommended. We welcome your feedback on the overall helpfulness of this questionnaire.

### **ALMOND - Moderation**

- 1. Does your pet exhibit nervous, frenetic or obsessive behavior, i.e., does he over-groom, overeat, or overdo in any way?
- 2. Does he need to adapt better to a domesticated lifestyle?
- 3. Is he presently kept indoors after previously (by you or a past owner) being allowed to roam freely outdoors?

### **APPLE - Healthfulness**

- 4. Does your pet have chronic health problems or specific infirmities to which he needs to adjust?
- 5. Do you suspect that he has picked up health-related fear, worry, or doubt from others in your household?
- 6. Is he the runt of the litter?
- 7. Are some of his behaviors unhealthy or not in his best interest?

### **AVOCADO - Good Memory**

- 8. Is your pet dreamy, unresponsive, or generally disinterested?
- 9. Are you working with him on training for specific behaviors?
- 10. Does he fail to come home, or respond, when you call him?
- 11. Is he a slow learner?

### **BANANA - Humility. Calmness**

- 12. Does your pet get easily upset or riled for no apparent reason?
- 13. Does he tend to bully other household members, or does he need to be easier to live with?
- 14. Objectively speaking, do you think it would benefit him if his already gentle and sensitive personality were reinforced?

### **BLACKBERRY - Purity**

- 15. Is he unable to groom or care for himself due to illness or old age?
- 16. Are members of your home prone to negative attitudes or emotions, or does your pet himself exhibit negative behaviors?
- 17. Has he been exposed to harmful chemicals? (Please note that medical attention may be necessary.)
- 18. Is there an area of your home that has been soiled or sprayed? (This essence works well in a misting bottle sprayed in that area.)

### **CHERRY - Cheerfulness**

- 19. Is your pet often bad-tempered or prone to moods, or to picking up the moods of other members in the household?
- 20. Does he often appear cheerless?
- 21. Although many animal lovers pamper their pets, does your pet express being "spoiled rotten" through negative or difficult behaviors?
- 22. Does he overstep boundaries even after loving, consistent training?

### **COCONUT - upliftment**

- 23. Is your pet coping with a particular painful physical infirmity?
- 24. Is he aging and dealing with limited movement or range of physical abilities, or is he recovering from a surgery or accident?
- 25. Are you or other household members experiencing difficulties that might be affecting your pet?

### **CORN - Vitality**

- 26. Have there been any recent major changes in your pet's living situation, or has he recently joined your family?
- 27. Is he sluggish or disinterested in his environment and those with whom he shares it?
- 28. Is he an older animal?

### **DATE - Sweetness. Tenderness**

- 29. Is your pet touchy or irritable, (it is important to rule out medical causes), or does he seem to have a lot of "off days"?
- 30. Does he pick on other pets in the household, or does he generally not get along well with other animals or people in the home/property?
- 32. Is "unfriendly" a word that others use to describe his temperament?

### **FIG - Flexibility**

- 33. Has your pet received inconsistent training, or has he been trained one way by a previous owner and now receives different training from you?
- 34. Does he exhibit bad habits that you would like to retrain?
- 35. Is he overly dissatisfied with his food (barring a natural expression of likes and dislikes)?
- 36. Does he have a history of many changes in homes or ownership?

### **GRAPE - Love**

- 37. Has he lost a household companion, either human or animal, to death or relocation, or have your pet's babies recently been taken away?
- 38. Is your pet excessively aloof and unapproachable by nature?
- 39. Does he seem clingy or needy, or is he prone to whining or crying for no apparent reason?

- 40. Is he left alone for long periods of time without companionship, including while you are gone for the day or on vacation?
- 41. Is his behavior either bullying or jealous (that may be expressed as soiling), or inappropriately territorial (possibly marking)?
- 42. Do you know of, or suspect, cruelty or neglect from a previous owner?
- 43. Is your pet's behavior potentially dangerous to other animals or people?

### **LETTUCE - Calmness**

- 44. Is your pet nervous or restless by nature, or is he typically agitated by new-comers to the household?
- 45. Does he express what looks like anger for no apparent reason?
- 46. Is he young with a short attention span, or does "bouncing off the walls" describe his temperament?

### **ORANGE - Joy**

- 47. Has your pet just given birth?
- 48. Is there a member in the household who is dealing with depression, or does your pet himself seem listless or despairing?
- 49. Has he been abused or treated badly by a previous owner?
- 50. Is he kept indoors after previously being able to roam freely outdoors?
- 51. Has he been declawed, debarked, or otherwise altered (excluding neutering)?
- 52. Has he lost animal or human companions to separation or death?
- 53. Is he dealing with a terminal or debilitating illness, or is he expressing an impaired ability to move around?

### **PEACH - Selflessness. Expansion**

- 54. Is your pet overly demonstrative?
- 55. Was he weaned too early, or does he chew or suckle objects of clothing or other animals?
- 56. Does he need to get along better with other pets in the household?
- 57. Have your pet's babies recently been given away?

### **PEAR - Peacefulness. "Emergency Essence"**

- 58. Is your pet recovering from an accident, illness, or surgery, or about to undergo a medical procedure?
- 59. Have you acquired an animal with an unknown past history?
- 60. Has he been traumatized or injured, either physically or emotionally, or has he undergone a crisis, or expressed panic, anxiety, or disorientation?
- 61. Has he experienced a significant upset in his normal routine?
- 62. Does he need to be left overnight at the veterinary hospital or boarded away from home?
- 63. Has he been attacked by other animals?
- 64. Does he need to be transported by car or other forms of travel?
- 65. Does he bite in ways other than playful?
- 66. Is your pet in a time of transition, such as giving birth or nearing the time of passing?

### **PINEAPPLE - Assuredness**

- 67. Does your pet seem to require excessive praise or need a stronger sense of his own identity, especially in a multiple-pet or person household?
- 68. Does your pet come from a kennel, shelter, or foster home, or a series of different living situations?
- 69. Has he been in shows, competitions, or county fairs, or are you preparing him for these activities?
- 70. Is he an older animal who, after being in the limelight of shows or having a specific job on the property, is no longer suited for those roles?
- 71. Is he the runt of the litter?

### **RASPBERRY - Kindheartedness**

- 72. Has your pet been harshly disciplined and seeming emotionally wounded as a result?
- 73. Is there any reason for which he may feel slighted, unappreciated, offended, or somehow replaced?
- 74. Is he receiving less attention than usual due to factors in the household, such as a new relationship or the arrival of new pets or babies?
- 75. Is he exhibiting "lashing out" behavior, expressed as barking, hissing, soiling, spraying, shredding of furniture, or other destructive behaviors, or does his play express inappropriate viciousness?

### **SPINACH - Simplicity**

- 76. Is you pet "acting old before his time," or is he an older animal who has been "put out to pasture"?
- 77. Is he living in a stressful household, or does he have to cope with certain tensions in adjusting to domesticated life?
- 78. Has he suffered abuse or neglect during his childhood?
- 79. Is he acting "not quite himself" after a surgery, injury, or illness?

### **STRAWBERRY - Dignity**

- 80. Has your pet lost the ability to groom, feed, evacuate, or otherwise care for himself?
- 81. Has there been a divorce or separation in the household, or any situation that would be considered ungrounding for your pet, including any persons in the household who are dealing with a strong lack of self-worth?
- 82. Is he nearing his time of passing, especially after a debilitating illness?
- 83. Is there any reason lately for your pet to feel that his territory or "space" is threatened, or has his innate sense of dignity been disrespected?

### **TOMATO - Strength. Courage**

- 84. Does your pet exhibit any fears in ways other than instinctive or appropriately self-protective?
- 85. Is he skittish, easily spooked, or jumpy at loud voices or noises?
- 86. Does he bark excessively or somewhat hysterically?
- 87. Are visits to the veterinary clinic a source of terror for him, or does transportation in a vehicle cause him serious crisis?
- 88. Is city life especially traumatic for him?
- 89. Is he easily bullied and unable to "stand up" for himself?
- 90. Does he have a "job" serving people, i.e., as a police or guard dog?
- 92. Is he upset by extreme weather conditions?
- 93. Is your pet's previous history unknown to you?

## **Answer Key**

If even one check is placed within a particular grouping, this indicates a beneficial essence for your pet at this time. If more than one statement per grouping, is checked, it is best to prioritize the essences by the number of check marks for that essence or by the immediacy of the issue. If you check some questions in different groupings that are similar to each other, indicating that both essences may be needed, first use the essence with the most checkmarks in that grouping. You may find that several remedies are indicated equally as strongly. If so, in keeping, with the recommended single-essence approach, prioritize them in order of need. For dosage directions, please refer to our literature or website.